



POINT LOMA POINTERS

PRACTICE SCHEDULE

August 11th: 8 a.m. - 12 p.m.

All returning Varsity and J.V. players check in for equipment issue and testing.

August 11th: 2 p.m. - 4:30 p.m. - Varsity and J.V. practice

ALL INCOMING FRESHMEN:

August 12th: 8am - 10am - ALL INCOMING FRESHMEN check in for equipment & meetings

***** All Varsity and J.V. have 2-a-day practice, 7:30 a.m. - 4:30 p.m.**

***** FRESHMEN WILL PRACTICE IN THE AFTERNOON ON AUGUST 12TH, 1 P.M. - 4:30 P.M.**

Aug. 13th (Fri.): 7:30 a.m. - 4:30 p.m. *NOW ALL LEVELS PRACTICE AT THE SAME TIMES*

August 14th (Sat.) - 7:30 a.m. - 12 p.m.

August 16th - 17th (Mon. - Tues.) - 7:30 a.m. - 4:30 p.m.

August 18th (Weds.) - 7:30 a.m. - 12 p.m.

August 19th - 20th (Thurs. - Fri.) - 7:30 p.m. - 4:30 p.m.

August 21st (Sat.) - 7:30 p.m. - 1 p.m.

August 23rd - 25th (Mon. - Weds.) 1 p.m. - 5:30 p.m.

August 26th (Thurs.) 9 a.m. - 5 p.m. - practice in the morning,

August 26th GOLD CARD BLITZ IN THE P.M.

August 27th (Fri.) 2 p.m. - 9:30 p.m. (Scrimmage @ Cathedral for J.V. and Varsity)

August 30th - Sept. 2nd (Mon. - Thurs.) 1 p.m. - 5:30 p.m.

Sept 3rd (Fri.) 2:30 p.m. - 5:30 p.m.

TRIPLE HEADER GAME

Sept 4th (Sat.) 9 a.m. - 6 p.m. (1st Game, Kickoff vs. Orange Glen @ PT. LOMA)

Sept. 6th (Mon.) 7:30 a.m. - 12 p.m.

Sept 7th (TUES.) - SCHOOL STARTS, Back to regular practice schedule 2 - 5:30 P.M.